

SAVE YOUR KNEES: The ABCs of ACLs

Sports  
Illustrated  
FOR  
**Women**

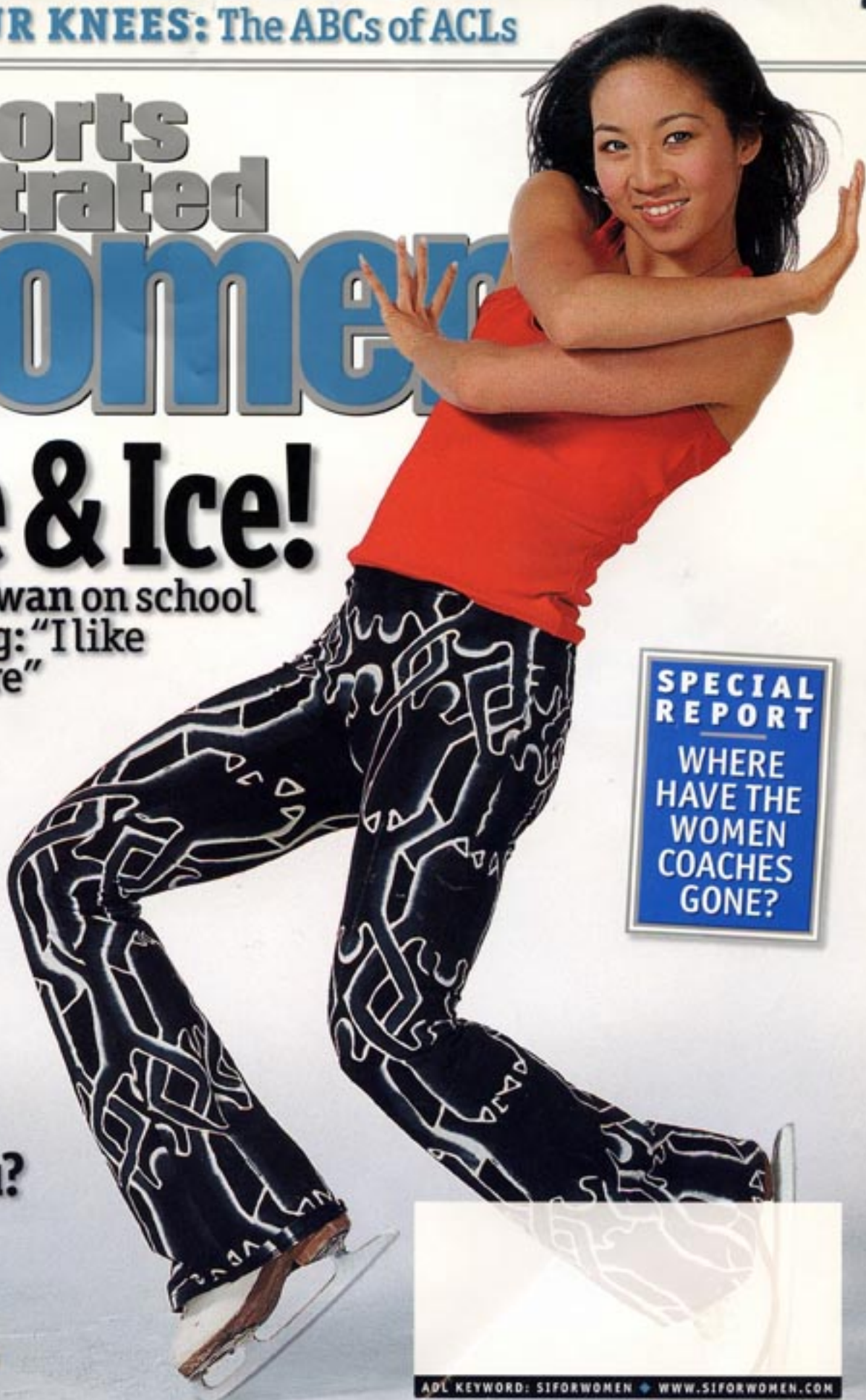
# Fire & Ice!

Michelle Kwan on school  
and skating: "I like  
the pressure"

**36**  
GREAT  
SPORTS  
CAMPS

**Quiz:**  
Do Your  
Emotions  
Defeat You?

**INSIDE**  
WOMEN'S  
FOOTBALL  
page 68



**SPECIAL  
REPORT**

**WHERE  
HAVE THE  
WOMEN  
COACHES  
GONE?**

ADL KEYWORD: SIFORWOMEN • WWW.SIFORWOMEN.COM

JANUARY/FEBRUARY 2001



## Tatiana Fields, 14

Truckee, Calif.  
Speed Skier

Although Tatiana will tell you she is an Alpine skier, her first 15 minutes of athletic fame came at the 1999 U.S. Speed Skiing Championships in Snowmass, Colo. On her first run Tatiana (whose father, Ty, is a speed skier) started midway up the mountain, "so I only got to about 73 miles per hour," she says. The next time she moved up the hill and hit 80 mph. On her final run, launching off from 1,100 feet, she was clocked at 104 mph. "I was like, Just hold on for the ride," says Tatiana, who became the youngest skier to break 100 mph. Despite her speed skiing success, the freshman at Sugar Bowl Academy in Soda Springs, Calif., is focusing on Olympic events.

"I like Super G and downhill best," Tatiana says, "because of the speed."

PHOTOGRAPH BY KEOKI FLAGG

## Rachael Scdoris, 15

Bend, Ore.  
Sled Dog Racer

On Jan. 27 Rachael and a team of 12 Alaskan huskies will set off on the International Rocky Mountain Stage Stop Sled Dog Race, a 13-day, 412-mile haul through Wyoming backcountry. Such an adventure would be daunting to anyone, but Rachael is legally blind. She's no novice, though: She took out her first team when she was eight. (Her family runs a kennel and sled-tour business.) "I felt in charge of the world," she says. "Little did I know my dad was running behind me." Dad will stay on the sideline in Wyoming, but an official will ride ahead on a snowmobile to radio terrain reports back to Rachael, who considers the race great practice. "Eventually," she says matter-of-factly, "I want to win the Iditarod."

PHOTOGRAPH BY CHARLIE BORLAND



**April Lawyer, 25**  
Big Bear Lake, Calif.  
Snow Mountain Biker

Lawyer has two suggestions for anyone who wants to improve traction while whooshing through powder on a mountain bike. The first is mechanical: Line the bike tires with quarter-inch studs. The second is psychological: "Pretend the snow is dirt," says Lawyer, a pro mountain biker (she won silver on snow in the women's competition at the 1999 Winter X Games) and snowboarder. Lawyer grew up in Big Bear Lake, Calif., where virtually every kid either skis or snowboards. After buying her first snowboard at age 15 with money she earned teaching tykes to snowplow, Lawyer says she never touched skis again. A six-year veteran of the pro snowboarding circuit, she took up mountain biking in 1996 to keep in shape during the summer and was instantly hooked. "I still get a rush every time my hands touch the handlebars," she says.

PHOTOGRAPH BY  
KEOKI FLAGG

